

## WHY CHOICES?

CHOICES Housing Services provide an enriching and supportive living environment for those who experience mental illness.

The goal of all CHOICES programs is to assist residents/tenants in reaching their maximum potential for independent living.

Our programs are transitional in nature (with the exception of Supportive Housing, which is permanent) and have a recovery focus. Clients are expected to participate with program staff in developing a service plan and working on goals and objectives that will assist them in living successfully in the community.

***CHOICES provides an alternative to prospective residents/tenants who may benefit from more independent living.***

**C**omprehensive  
**H**ousing  
**O**pportunities  
**I**n  
**C**ommunity  
**E**nhanced  
**S**ettings



## ADMISSIONS

For more information, or to refer a client to CHOICES, call the Intake Department at **716.285.3403 ext. 2275.**

CHOICES uses the Niagara Co. SPOA Application, which can be found online at [www.CommunityMissions.org](http://www.CommunityMissions.org).

### Admission Criteria:

- 18 years of age
- primary diagnosis of a Serious and Persistent Mental Illness (SPMI)
- self preserving in a fire emergency
- willingness to work with providers and staff on a therapeutic medication regime
- ambulatory, continent, provides adequate self care when stable
- free of acute, debilitating physical disorder
- desires growth toward least restrictive housing
- applicant agrees to follow residence guidelines and participate in the rehabilitation process
- applicant agrees to pay a monthly fee

## ABOUT COMMUNITY MISSIONS

Community Missions (CMI) has provided a unique blend of services to address the needs of the Niagara community since its founding in 1925.

The initial population served was homeless individuals and families, which are still served today. For nearly a century, CMI's programs have evolved to meet the needs of its community. The agency now provides 19 programs between its four divisions: Crisis & Community Services, Mental Health Housing Services (CHOICES), Mental Health Recovery Services, and Youth Services (REACH).

The agency serves a diverse set of populations including youth, adults, families, homeless, juvenile justice involved youth, youth and adults with psychiatric disabilities, persons living with HIV/AIDS and ex-offender parole individuals. In general, CMI serves a vulnerable population of individuals that, through a variety of circumstances, have been marginalized, overlooked and challenging in their presentations and behaviors.

### **For more information on the programs offered by Community Missions, contact:**

- **Crisis Services** (Including Community Soup Kitchen, Emergency Housing, Food Pantry, etc.)  
- (716) 285-3403 ext. 2221
- **REACH (Youth Services)** - (716) 285-3403 ext. 2231
- **Niagara Visions PROS** (Personalized Recovery Oriented Services) - (716) 205-8708 ext. 221
- **Respite Services** - (716) 285-3403 ext. 2280

### CMI Mission Statement

Community Missions of Niagara Frontier, Inc., is a community-based, independent, non-profit, religious, service agency providing residential and support services to persons and families in need without regard to race, sex, religion, or national origin; in a way that the persons or families served are respected for and can ultimately fulfill their maximum potential.

### CMI Statement of Religion and Faith

As a Christian agency, our chosen role in terms of religion and faith is to express our belief that everyone benefits from spiritual growth. We will provide resources, programs, and community linkages, without proselytizing, that will enhance spiritual growth and wholeness in the faith/spiritual tradition of an individual's choice and support them as they seek to grow in that tradition.



***CHOICES offers housing options for adults in psychiatric rehabilitation.***

**1570 Buffalo Ave.**

**Niagara Falls, NY 14303-1599**

**Phone: (716) 285-3403 ext. 2275**

**Fax: (716) 285-5908**



**[www.CommunityMissions.org](http://www.CommunityMissions.org)**

## COMMUNITY RESIDENCES

Community Residences offer the most comprehensive level of care in the CHOICES program. Similar to group homes, these options are for clients that need more intensive skills training, or are in need of a high level of supervision.



These residences often serve as an entry point for those that may transition into more independent living situations.

- Residents participate in the upkeep of the house, including meal planning/preparation and completion of chores
- Transportation is provided, and recreational activities are offered
- 24-hour staff supervision



### Hansen House

- Located in Niagara Falls
- 10 Single-Bed Units
- Handicap Accessible



### Canal View

- Located in N. Tonawanda
- 6 Double-Bed Units (12 beds)

**Case Management Services** and **Psychiatric Rehabilitation** are provided through the Community Residence and Apartment Treatment Programs, with input from family members, advocates, and any involved service providers.

In addition, the following Restorative Services are provided in these programs:

- Training in Activities of Daily Living
- Assertiveness/Self-Advocacy Training
- Community Integration Services/Resource Development, accessing Health Services
- Substance Abuse Services
- Medication Management and Training
- Rehabilitation Counseling
- Symptom Management
- Skill Development
- Socialization
- Parenting Training
- Family Education and Support

Choice and intensity of services provided is based upon resident preferences, assessment of needs and functioning levels.

## APARTMENT TREATMENT PROGRAM

The Apartment Treatment Program features on-site and off-site apartments in Niagara Falls. This program's level of care is designed to assist residents in refining the skills necessary to live independently.



Also known as **Cleveland Heights**, the Apartment Treatment Program houses 62 residents. The main Cleveland Heights building houses 30 residents in 15 two-bedroom apartments, while off-site apartments (one- and two-bedroom) house the remaining 32 residents.

Residents typically begin their stay at Cleveland Heights and transition to an off-site apartment when ready for more independence.

- On-site & off-site apartments available, including two handicap accessible double units
- Staff available 14-16 hours/day; Night-watch/housekeeper in building overnight
- Residents maintain their apartments independently and possess basic daily living skills
- Transportation is provided, and recreational activities are offered



## SUPPORTIVE HOUSING

Supportive Housing is a permanent housing option that provides affordable, independent housing for adults that desire stable housing with some staff support. Tenants contribute a percentage of their income toward housing costs (including rent). Non-disabled roommates, spouses, children, etc., may live with the tenant, and their income is considered when determining the rental subsidy.



The program assures quality, stable housing in the community that is furnished and appropriately equipped.

- All housing is off-site, located throughout Niagara County
- Tenants must have the skills to live independently with a minimum of supports
- Staff provides case management services, including linkage to other community-based services & tenant advocacy/landlord relations
- Staff has one face-to-face contact and two phone contacts with tenants each month
- Tenants must maintain all applicable mental & physical health treatment, as applicable
- Transportation to appointments provided

### **Services available to all CMI consumers:**

- Family and Consumer Advisory Boards
- Transportation
- Niagara Visions PROS (Personalized Recovery Oriented Services) & Clinic
- SPOA Case Management Services provided by Community Missions and funded by Niagara County Department of Mental Health.

Hansen House, Canal View and the Apartment Program are each **certified** by the New York State Office of Mental Health (OMH) **as Community Residence Treatment Programs.**

Funding Sources for all programs include the Niagara County Dept. Of Mental Health, NYS Office of Mental Health (OMH), Medicaid billing, and resident fees.